



BLUEBIRD cafe

Monday – Friday 8am – 11am

SHAKES & SMOOTHIES

Golden Glow: Almond milk, cashews, coconut oil, honey, turmeric, bee pollen & cayenne £5.50

Green Machine: Almond milk, kale, avocado, mint, apple, spirulina & banana £5.50

Super Berry: Berries, yoghurt, banana, milk & honey £4.80

Sunshine: Mango, orange, banana & yoghurt £4.80

JUICES

Freshly squeezed orange juice £4.80

Fresh apple juice £4.50

Fresh ruby grapefruit £4.80

Ginger shot £3.00

TEAS & COFFEES

Espresso, Macchiato, Ristretto £2.75

Double Espresso, Americano £3.00

Latte, Cappuccino, Flat White £3.00

Mocha, Hot chocolate £3.00

Teas All £3.00

English Breakfast, Earl Grey, Green tea, Moroccan Mint, Jasmine Green, Lemon & Ginger, Fruit Punch, CO2 Decaffeinated

BAKERY

Home backed croissant, pain au raisin, pain au chocolat £3.00

Toasted coconut & date bread £2.70

Toast rack & jam £3.00

FRUIT & GRAINS

Bluebird breakfast bowl – Greek yoghurt, banana, berries cocoa nib, coconut, goji berries, bee pollen..... £8.50
 Seasonal fruit plate..... £6.00
 Chia Seed Bircher muesli, goji berries, Coconut & almond milk..... £8.00
 Quinoa porridge, blueberries, candied pecans & bee pollen..... £6.95
 Granola Lancashire vanilla yoghurt & raspberries..... £7.50

EGGS

Avocado, poached eggs, coriander, hot sauce & toasted cornbread..... £9.00
 Two West Cornish eggs any style, toasted sourdough..... £6.00
 Eggs benedict /Florentine / Royale £9 / £10 / £11
 Fried egg & bacon roll, jalapeno & green tomato salsa..... £6.50
 Roasted cherry tomato & rocket omelette, nduja..... £8.75

BIG PLATES

Full English breakfast £13.00
 Ricotta hot cakes, banana & maple syrup £9.50
 Baked eggs, tomato, Yorkshire feta cheese & toasted flatbread £9.50
 Sweet corn & green chilli fritters, red pepper relish & avocado £11.50

EXTRAS

Chorizo £2.95
 Avocado..... £2.95
 Bacon baked beans..... £2.95
 Streaky bacon..... £2.95
 Slow roasted tomato £2.95
 Yoghurt..... £3.50
 Smoked salmon..... £4.50
 Harissa..... £1.50