



### SHAKES & SMOOTHIES

- GREEN MACHINE - 5.5  
Almond milk, spinach, avocado, mint, apple, banana
- SUPER BERRY - 5  
Berries, yoghurt, banana, milk & honey
- SUNSHINE - 5  
passionfruit, orange, banana & yoghurt

### JUICES

- FRESH ORANGE JUICE 5
- APPLE JUICE or GRAPEFRUIT 4.5
- CRANBERRY or PINEAPPLE 3.5
- CARROT, ORANGE, GINGER 5

### COFFEES & TEAS

- ESPRESSO, MACCHIATO, RISTRETTO - 2.75
- DOUBLE ESPRESSO, AMERICANO - 3
- LATTE, CAPPUCCINO, FLAT WHITE - 3
- MOCHA, HOT CHOCOLATE - 3
- TEAS - ALL 3.5  
English Breakfast, Earl Grey, Green tea, Moroccan Mint, Jasmine Green, Lemon & Ginger, Fruit Punch, CO2 Decaffeinated

### BAKERY

- HOME BAKED CROISSANT, PAIN AU RAISIN, PAIN AU CHOCOLAT - 2.5

- BLUEBERRY MUFFIN - 3

- TOAST & JAM - 3

### FRUIT & GRAINS

- BLUEBIRD BREAKFAST BOWL - 8  
Greek yoghurt, banana, berries, cocoa nib, coconut, goji berries, pecan

- SEASONAL FRUIT PLATE - 5

- SCOTTISH OAT PORRIDGE - 7  
candied pecans

- GRANOLA - 7  
Lancashire vanilla yoghurt & raspberries

### EGGS

- EGGS ANY STYLE - 6  
toasted sourdough

- EGGS BENEDICT / FLORENTINE / ROYALE - 9/10/11

- FRIED EGG & BACON ROLL - 8  
jalapeno & green tomato salsa

- ROASTED CHERRY TOMATO OMELETTE - 9  
'nduja, & rocket

### BIG PLATES

- AVOCADO, POACHED EGGS & CORNBREAD - 10  
hot sauce & coriander

- FULL ENGLISH BREAKFAST - 11.5

### EXTRAS

- Sausage - 3
- Extra egg - 1.5
- Avocado - 3
- Streaky bacon - 3.5
- Slow roasted tomato - 2.5
- Yoghurt - 3
- Smoked salmon - 4.5
- Mushrooms - 3