



BREAKFAST 9AM – 11:30AM

JUICES

APPLE, BEETROOT, CARROT, GINGER

389 kcal  
7

PASSION FRUIT, APPLE, GINGER

271 kcal  
7

CUCUMBER, KALE, APPLE, LEMON

194 kcal  
7

FRESH ORANGE JUICE

234 kcal  
5.5

APPLE JUICE

255 kcal  
4.5

COFFEES & TEAS

ESPRESSO, MACCHIATO, RISTRETTO 65 kcal - 3.25

DOUBLE ESPRESSO, AMERICANO 65 kcal - 3.95

LATTE, CAPPUCCINO, FLAT WHITE 269 kcal - 3.95

MOCHA, HOT CHOCOLATE 385 kcal - 4

TEAS BY BREW TEA CO - ALL 3.75

English Breakfast, Earl Grey, Green tea, Fresh Mint, Jasmine Green, Lemon & Ginger

BAKERY

HOME BAKED CROISSANT 231 kcal

PAIN AU CHOCOLAT 300 kcal

BLUEBERRY MUFFIN 377 kcal - 4

TOAST & JAM 313 kcal - 3.5

FRUIT & GRAINS

SEASONAL FRUIT PLATE 140 kcal - 8.50

SCOTTISH OAT PORRIDGE 784 kcal - 5.50  
Choice of banana, berries or honey

VEGAN SCOTTISH OAT PORRIDGE 715 kcal (VG) - 7  
Choice of Soy, almond or oat milk  
Choice of banana, berries, or maple syrup

GRANOLA 734 kcal - 5.50  
Natural yoghurt, fruit compote or honey

VEGAN GRANOLA 1176 kcal (VG) - 7  
Choice of coconut or soya yoghurt  
Fruit compote or maple syrup

EGGS

EGGS ANY STYLE 318 kcal - 6.5  
rare breed eggs, toasted sourdough

EGGS BENEDICT 845 kcal / FLORENTINE 742 kcal  
ROYALE 878 kcal - 11/11/13

LOCH FYNE SMOKED SALMON 878 kcal - 14  
Burford Brown scrambled eggs, toast

BACON OR SAUSAGE BAP 772 kcal - 9  
Fried egg, bacon or Cumberland sausage, spicy tomato, ketchup or brown sauce

BIG PLATES

BLUEBIRD'S FULL ENGLISH 1244 kcal - 16.50  
Choice of fried, scrambled, or poached eggs, bacon, sausage, black pudding, beans, tomato & mushroom

AVOCADO SOURDOUGH TOAST 646 kcal - 11  
Spinach, green tomato, onions, chili salsa (VG)

ENGLISH GARDEN BREAKFAST 990 kcal (V) - 16  
Avocado, halloumi, fried, scrambled, or poached eggs, beans, mushroom & toast

EXTRAS

Sausage 478 kcal - 5  
Extra egg 218 kcal - 1.75  
Avocado 325 kcal - 4.5  
Streaky bacon 542 kcal - 4.5  
Slow roasted tomato 21 kcal - 3.5  
Smoked salmon 200 kcal - 4.75  
Mushrooms 11 kcal - 3.5  
Black Pudding 333 kcal - 4.5  
Halloumi 417 kcal - 4.5

If you have any food allergies or intolerances, please speak to your waiter before ordering. Please be aware that traces of allergens used in our kitchen may be present. (VG) - suitable for vegan requirements / (V) - suitable for vegetarian requirements. Adults need around 2000 kcal a day. 13.5% discretionary service charge will be added to your bill. Prices include VAT.